

*Dexie
Knits*

DEXIE KNITS

Cotton Spring Sweater

Marina



Rowan Paper & Terrain Cotton Cashmere & Softyak DK Spring Sweater

This pattern uses very basic stitches and can be knit flat or in the round. The use of two different yarns require the change of needle size during a colour change.

Sizing S – (M – L)

Comments on sizing: you may want to adjust the placement of the horizontal grey & blue lines on the body to align in a more flattering way with your bust and waist lines. The wider bottom blue stripe should accentuate the waist and stop mid-bust, while the top thinner stripe should rest just above the cleavage.





Yarns, needles & tools	4
yarns	4
needles	4
accessories	4
gauge	5
basic notions & definitions	5
stitches & notions	5
pattern abbreviations	6
instructions (flat)	7
body	7
hem	7
back & front panels	7
back panel	7
front panel	7
front-left panel	7
front-right panel	8
sewing front & back panels together	8
collar	8
sleeves	8
cuffs	9
sewing the sleeves to the body	9
instructions (in the round)	10
body	10
hem	10
back & front panels	10
back panel	10
front panel	10
front-left panel	10
front-right panel	11
sewing front & back panels together	11
collar	11
sleeves	11
cuffs	12

Yarns, needles & Tools

YARNS, NEEDLES & TOOLS



YARNS



6 (7 – 8) x 00210 *Paper* Rowan Cotton Cashmere



1 (1 – 1) x 00224 *Silver Lining* Rowan Cotton Cashmere



2 (3 – 3) x 00243 *Terrain* Rowan Softyak DK



NEEDLES

Circular or Traditional Needles

3,50 mm

4,00 mm

4,50 mm

Circular or Traditional Needles

3,50 mm

4,00 mm



ACCESSORIES

Tapestry Needle

Ruler or Tape Measurer

Row Counter

Stitch Markers

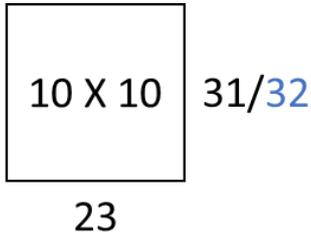
Blocking surface

T-Pins (or regular ball tipped pins will do)

If you opted for circular needles you will need cables of 40cm & 100cm.



GAUGE



C. Cashmere: 3,50 mm
Softyak DK: 4,00 mm

Because you are using two different qualities of yarn together; Cotton Cashmere and Softyak DK – you will get slightly different gauges. The Cotton Cashmere is not as flexible as the Softyak blend and you will need to switch between needles in order to achieve a uniform tension throughout the project. So, **make sure to pay attention to needle changes** to avoid irregular tension.

When making your swatch in stockinette, make sure to use both Cotton Cashmere (grey/white) and Softyak (blue) to check your tension¹. If you have slightly different measurements in the height of your swatch, then don't worry too much about it. As long as your height gauge on cotton cashmere is correct, you should not run into problems since it makes up most of the sweater.

tip: make your cotton cashmere swatch with grey instead of white (Silver Lining 00224 to conserve white yarn)

Basic Notions & Definitions

BASIC NOTIONS & DEFINITIONS

This sweater uses stockinette throughout the project except for cuffs and hems, which are worked in 1:1 ribbing. You can work the full project flat or in the round. You will find instructions for both techniques.



STITCHES & NOTIONS

Long Tail Cast On (aka Continental Cast On)

You may use other cast ons, but this is the one recommended as it creates a neat even, flexible edge.

Knitting in the round variation: Cast on your stitches normally. Join the two ends of your cast-on and knit your first row according to your pattern. Make sure to use stitch markers to keep track of your front and back panels. Be careful not to twist your cast on row while joining.²

Stockinette

Knitting flat: Odd rows (front): knit & Even rows (back): purl

Knitting in the round (you are always working the front): knit all rows

1:1 Ribbing

Knitting flat: Odd rows (front): *K1, P1* & Even rows (back): *P1, K1*

Knitting in the round (you are always working the front): *K1, P1* all rows

Binding Off

Binding off in the round will be the same for knitting flat and in the round. We will always use the basic knit bind off.

² tip: Casting on is the hardest part of circular knitting. Don't give up if you don't succeed the first time. Once you are past it the technique makes the rest of the project much easier!



PATTERN ABBREVIATIONS

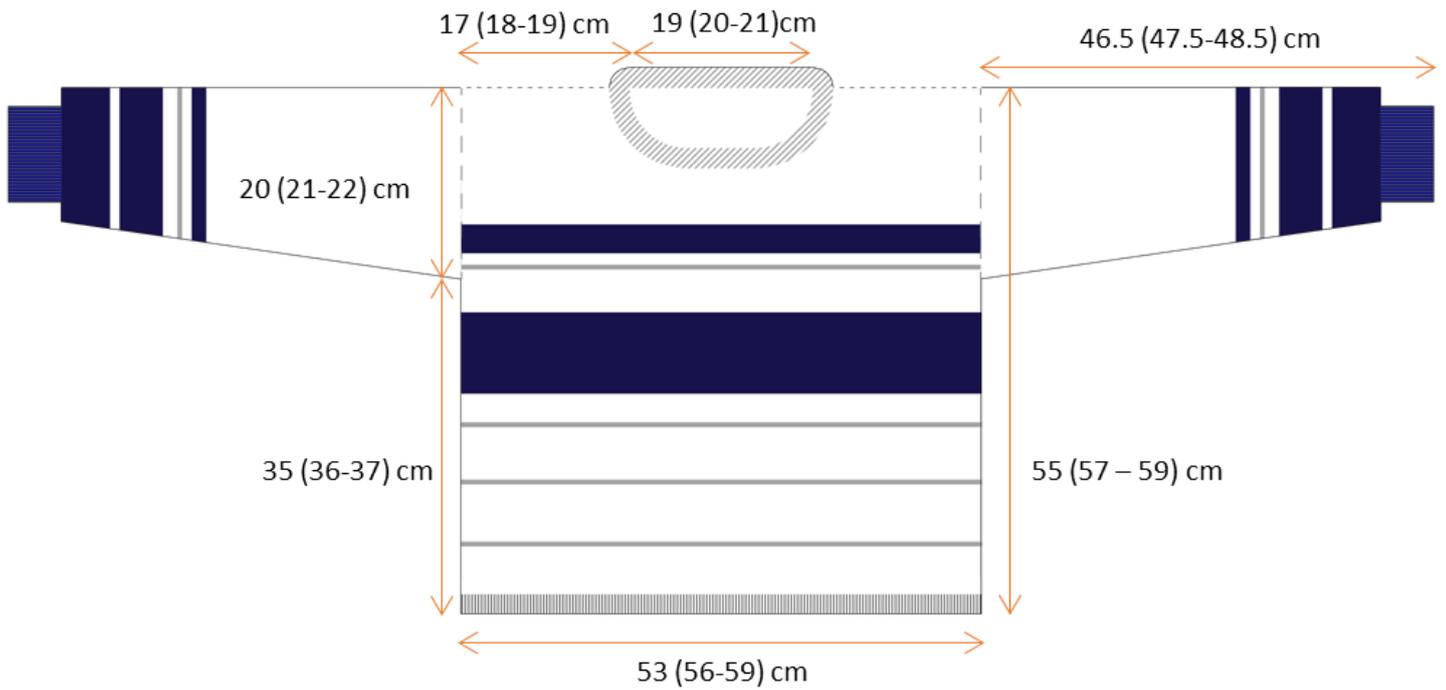
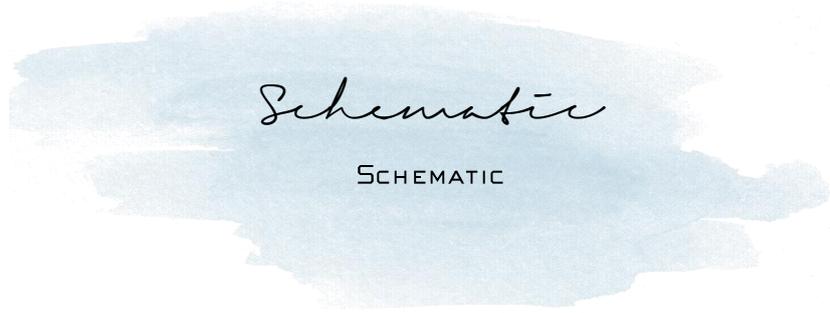
CO = Cast On

K1 = Knit 1

P1 = Purl 1

BO = Bind off

* K1, P1* = Repeat K1, P1 until ...



Instructions (flat)

INSTRUCTIONS (FLAT)

BODY

hem

- CO 110 (116 – 124) stitches in *Paper 00210* on 4,50mm needles – this will achieve a very loose ribbing that will not cinch the bottom edge.
- Make the hem with 1:1 ribbing on 4,50 needles over 6 rows (2 cm)

back & front panels

tip: Although not necessary, if you are going to knit flat it is recommended you make the first stitch and the last stitch of each row as a garter stitch to make the joining of seams easier later.

The front and back panel both start the same way:

- Switch to 3,5mm** needles & knit 14 rows with *Paper 00210*
- Switch colour to *Silver Lining 00224* for 1 row.
- Switch back to *Paper 00210* for another 20 rows
- Switch colour to *Silver Lining 00224* for 1 row.
- Switch back to *Paper 00210* for another 20 rows
- Switch colour to *Silver Lining 00224* for 1 row.
- Switch back to *Paper 00210* for another 10 rows
- Switch to 4mm** needles & knit 30 (30-31) rows with *Terrain 00243*
- Switch to 3,5mm** needles & knit 15 (18-20) rows with *Paper 00210*
- Switch colour to *Silver Lining 00224* for 1 row.
- Switch back to *Paper 00210* for another 5 (7-9) rows
- Switch to 4mm** needles & knit 10 (11-12) rows with *Terrain 00243*

(continue with instructions for the back **or** instructions for the front)

back panel

- Switch to 3,5mm** needles & knit 44 rows with *Paper 00210* or until the total height of the body measures 55 (57-59) cm.
- BO with a 4mm needle to make sure your ends stay flat. If you prefer a seamless bind off (kitchener) then leave your stitches on some scrap yarn to connect with the front panel later.

front panel

- Switch to 3,5mm** needles & knit 20 rows with *Cotton Cashmere Paper 00210*. **Make sure you end with a purl row.**
- Starting on your Knit row, knit 42 (44-47) stitches. Bind off the next 26 (28-30) stitches to start the collar and knit the last 42 (44-47) stitches normally.

You will now work on each side of the collar separately. Starting with the front-left panel.

front-left panel

- Start with the back of your work facing you and purl your 42 (44-47) stitches.
- Bind off the first three stitches of your next row, knit the last 39 (41-44) normally.
- Turn your work and purl the 39 (41-44) stitches.
- *Now bind off 2 more stitches before knitting the rest of the row.
- You should be left with 37 (39-41) stitches to purl this time.
- Bind off 1 more stitch and knit the other stitches normally.*

- Purl your 36 (38-40) stitches.
- Repeat the two last decreases one more time until you have 33 (35-37) stitches
- Continue knitting another until the height of your body equals 55 (57-59) cm
- BO with a 4mm needle to make sure your ends stay flat. If you prefer a seamless bind off (kitchener) then leave your stitches on some scrap yarn to connect with the back panel later.

Now move on to your Front-Right Panel.

front-right panel

- Using new yarn start on the wrong side of your work, bind off your first 3 stitches and purl until the end of the row.
- Knit your remaining 39 (41-44) until the end of your next row and turn your work so that the purl side is facing you once more.
- *Now bind off 2 more stitches before purling the rest of the row.
- You should be left with 37 (39-41) stitches to knit this time.
- Bind off 1 more stitch and purl the other stitches normally.*
- Knit your 36 (38-40) stitches.
- Repeat the two last decreases one more time until you have 33 (35-37) stitches
- Continue knitting so that the height of your body equals 55 (57-59) cm
- BO with a 4mm edge to make sure your ends stay flat. If you prefer a seamless bind off (kitchener) then leave your stitches on some scrap yarn to connect with the back panel later.

sewing front & back panels together

There are two ways to connect your front and back panels. The first and easiest is by simply weaving the top shoulder ends of the back panel to the front panel shoulder. This will leave you with 44 (46-48) stitches in the middle of the back panel to make the collar.

If you are feeling adventurous, or really feel strongly about having a seamless shoulder, you may want to join the back and front panel with a Kitchener stitch. Be aware that this is only possible if your edges are **not** bound off. If you have already bound off, then you will need to use the classic weaving technique.

tip: Cotton Cashmere breaks off very easily when sewing seams. You may want to use some white sock yarn instead if your yarn is breaking too often.

collar

- Using **4mm circular or double pointed needles**, pick up and knit 44 (46-48) +74 (76-78) stitches.
- Purl the first row.
- Make the collar hem in 1:1 ribbing over 5 rows.
- BO with a 4.5mm needle to ensure a loose fit.

The collar hem should be about 2cm wide.

SLEEVES

Both sleeves are made exactly the same. Even if you knit everything flat until now, you can still choose to knit your sleeves in the round, by picking up stitches directly off the body. This is especially recommended if you are unsure about the length or width of the sleeve.

If you would prefer to knit your sleeves in the round – skip this step.

Knitting your sleeves flat

Sleeve Decreases (flat): Decrease a total of 30 stitches over 138 rows. Start by decreasing by 2 stitches every 5 rows until row 20, after that decrease 2 stitches every 10 rows so that you are left with 62 (64-66) on your last row, while making the following colour changes:

- Cast on 92 (94-96) stitches on **3.5mm needles** in *Paper 0021*

- Knit 85 (88-91) rows (make sure to follow decrease instructions above).
- Switch to 4mm** needles and to *Terrain 00243* and knit 5 rows.
- On your 91st (94-97) row **switch back to 3,5mm needles** and *Paper 0021* and knit 3 rows
- Switch to *Silver Lining 00224* for one row.
- Then knit another 5 rows in *Paper 0021*
- On row 100 (103-106) **Switch to 4mm needles** and *Terrain 00243*, knit 18 rows.
- Switch to 3,5mm needles** in *Paper 0021* and knit 3 rows.
- Switch back to 4mm needles** and *Terrain 00243* to knit 18 rows.

cuffs

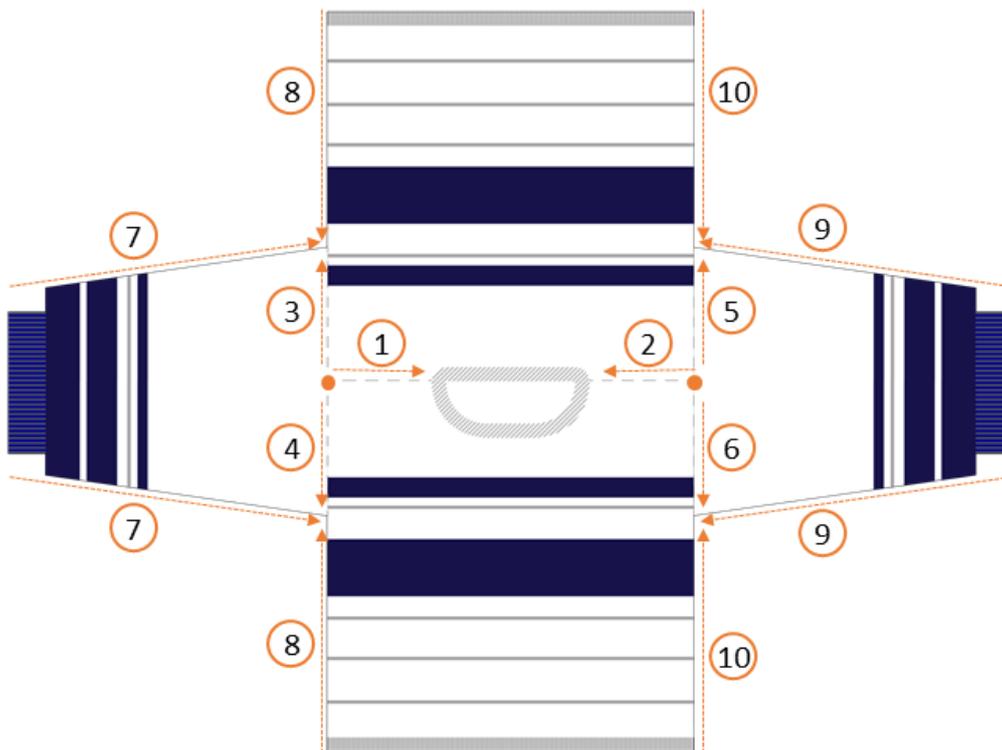
- Switch to 3,5mm needles** but do not change colour, keep using *Terrain 00243*.
- Purl a complete row before you start ribbing. During this row decrease 20 (22-22) stitches evenly so that you are left with 42 stitches on your needle.
- Now do 1:1 ribbing over 20 rows ≈5cm
- BO very loosely with a **4.5 needle**.

sewing the sleeves to the body

Only do this step if you have knit your sleeves flat.

For best effect make sure your Front and Back panel are sewn together **at the shoulder** first (see steps for joining front & back panels above).

- Lay the front and back panels flat, with the right side facing up.
- Lay the sleeve flat on the side of the body.
- Find the middle of both the body seam and the sleeve to place markers on both sides (see diagram below)
- Start from the marker and connect the sleeve to the body from the centre to the back panel and then from the centre to the front panel.
- Sew the open edges of the sleeve together (start at the cuff)
- Finish off by connecting the front panel, back panel & sleeve together by starting from the bottom ribbed edge until the armpit.



Instructions (in the round)

INSTRUCTIONS (IN THE ROUND)

BODY

hem

- CO 220 (232 – 248) stitches in *Paper 00210* on 4,50mm needles – this will achieve a very loose ribbing that will not cinch the bottom edge.
- Make the hem with 1:1 ribbing on 4,50 needles over 6 rows (2 cm)

back & front panels

tip: use markers to keep track of your front and back panels. Also use a marker to keep track of the start of your row. A row counter may also come in handy at this point.

- Switch to 3,5mm** needles & knit 14 rows with *Paper 00210*
- Switch colour to *Silver Lining 00224* for 1 row.
- Switch back to *Paper 00210* for another 20 rows
- Switch colour to *Silver Lining 00224* for 1 row.
- Switch back to *Paper 00210* for another 20 rows
- Switch colour to *Silver Lining 00224* for 1 row.
- Switch back to *Paper 00210* for another 10 rows
- Switch to 4mm** needles & knit 30 (30-31) rows with *Terrain 00243*
- Switch to 3,5mm** needles & knit 13 (16-18) rows with *Paper 00210*

Split your work on front and back panels to make the sleeve holes. You can continue to knit front and back on two balls of yarn simultaneously or finish one panel at a time.

back panel

- Knit 2 rows with *Paper 00210*
- Switch colour to *Silver Lining 00224* for 1 row.
- Switch back to *Paper 00210* for another 5 (7-9) rows
- Switch to 4mm** needles & knit 10 (11-12) rows with *Terrain 00243*
- Switch to 3,5mm** needles & knit 44 rows with *Paper 00210*, the height of the body should be 55 (57-59) cm.
- BO with a 4mm needle to make sure your ends stay flat. If you prefer a seamless bind off (kitchener) then leave your stitches on some scrap yarn to connect with the front panel later.

front panel

- Knit 2 rows with *Paper 00210*
- Switch colour to *Silver Lining 00224* for 1 row.
- Switch back to *Paper 00210* for another 5 (7-9) rows
- Switch to 4mm** needles & knit 10 (11-12) rows with *Terrain 00243*
- Switch to 3,5mm** needles & knit 20 rows with *Paper 00210*. **Make sure you end with a purl row.**
- Starting on your Knit row, knit 42 (44-47) stitches. Bind off the next 26 (28-30) stitches to start the collar and knit the last 42 (44-47) stitches normally.

You will now work on each side of the collar separately. Starting with the front-left panel.

front-left panel

- Purl your 42 (44-47) stitches and turn your work so that the front of your panel is facing you again.
- Bind off the first three stitches of your row, knit the last 39 (41-44) normally.
- Turn your work and purl the 39 (41-44) stitches.

- Now bind off 2 more stitches before knitting the rest of the row.
- You should be left with 37 (39-41) stitches to purl this time.
- Bind off 1 more stitch and knit the other stitches normally.
- Purl your 36 (38-40) stitches.
- Repeat the two last decreases one more time until you have 33 (35-37) stitches
- Continue knitting another until the height of your body equals 55 (57-59) cm
- BO with a 4mm needle to make sure your ends stay flat. If you prefer a seamless bind off (kitchener) then leave your stitches on some scrap yarn to connect with the back panel later.

Now move on to your Front-Right Panel.

front-right panel

- Using new yarn start on the wrong side of your work, bind off your first 3 stitches and purl until the end of the row.
- Knit your remaining 39 (41-44) until the end of your next row and turn your work so that the purl side is facing you once more.
- Now bind off 2 more stitches before purling the rest of the row.
- You should be left with 37 (39-41) stitches to knit this time.
- Bind off 1 more stitch and purl the other stitches normally.
- Knit your 36 (38-40) stitches.
- Repeat the two last decreases one more time until you have 33 (35-37) stitches
- Continue knitting so that the height of your body equals 55 (57-59) cm
- BO with a 4mm edge to make sure your ends stay flat. If you prefer a seamless bind off (kitchener) then leave your stitches on some scrap yarn to connect with the back panel later.

sewing front & back panels together

There are two ways to connect your front and back panels. The first and easiest is by simply weaving the top shoulder ends of the back panel to the front panel shoulder. This will leave you with 44 (46-48) stitches in the middle of the back panel to make the collar.

If you are feeling adventurous, or really feel strongly about having a seamless shoulder, you may want to join the back and front panel with a Kitchener stitch. Be aware that this is only possible if your edges are **not** bound off. If you have already bound off, then you will need to use the classic weaving technique.

tip: Cotton Cashmere breaks off very easily when sewing seams. You may want to use some white sock yarn instead if your yarn is breaking too often.

collar

- Using **4mm circular or double pointed needles**, pick up and knit 44 (46-48) +74 (76-78) stitches.
- Purl the first row.
- Make the collar hem in 1:1 ribbing over 5 rows.
- BO with a 4.5mm needle to ensure a loose fit.

The collar hem should be about 2cm wide.

SLEEVES

Both sleeves are made exactly the same. Even if you knit everything I the round, you can still choose to knit your sleeves flat. To do this just follow the flat sleeve instructions.

If you would prefer to knit your sleeves flat – skip this step.

Knitting your sleeves in the round

Sleeve Decreases (in the round): Decrease a total of 30 stitches over 138 rows. Start by decreasing by 2 stitches every 5 rows until row 20, after that decrease 2 stitches every 10 rows so that you are left with 62 (64-66) on your last row, while making the following colour changes:

- On **3.5mm needles** in *Paper 0021* pick up about 124 (126-128) stitches at the arm holes. It is best to pick up too many stitches than too few. This way you will not have any holes in your work.
- In the first row decrease total arm hole stitches to 92 (94-96)
- Knit 85 (88-91) rows (make sure to follow decrease instructions above).
- Switch to **4mm needles** and to *Terrain 00243* and knit 5 rows.
- On your 91st (94-97) row **switch back to 3.5mm needles** and *Paper 0021* and knit 3 rows
- Switch to *Silver Lining 00224* for one row.
- Then knit another 5 rows in *Paper 0021*.
- On row 100 (103-106) **Switch to 4mm needles** and *Terrain 00243*, knit 18 rows.
- Switch to **3.5mm needles** in *Paper 0021* and knit 3 rows.

Switch back to **4mm needles** and *Terrain 00243* to knit 18 rows.

cuffs

- Switch to **3.5mm needles** but do not change colour, keep using *Terrain 00243*.
- Purl a complete row before you start ribbing. During this row decrease 20 stitches evenly so that you are left with 42 stitches on your needles.
- Now do 1:1 ribbing over 20 rows ≈5cm
- BO very loosely with a **4.5 needle**.



Marina by *Dexie Knits*

This is a free pattern so feel free to distribute. Please do not claim it as your own (that's just not cool) but a mention or tag my website or social media will go a long way to support me:

€ @dexieknits

📷 @dexieknits

Thanks, and happy knitting!

Dex